

SASH - November 2015

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Bone Builders Wil Bone Builders Whit No Tai Chi this week	3 Bone Builders W.Dover	4 Bone Builders Wil Tai Chi with Jill 2p – 3p	5 Bone Builders W Dover	6 Bone Builders Whit	7
8	9 Bone Builders Wil Bone Builders Whit Tai Chi with Jill	10 Bone Builders W Dover VT FOOD BANK 9:30-10:30	11 Bone Builders Wil Spend Smart Eat Smart Vegetable and Cheese Baked Potato and Stuffed Peppers \$2 11:30a-1p	12 Bone Builders W. Dover	13 Bone Builders Whit	14
15	16 Bone Builders Wil Bone Builders Whit Tai Chi with Jill	17 Bone Builders W Dover BETTE'S Meal 12 noon Please sign up by 11/10	18 Bone Builders Wil Sip and Swirl 12:30 pm Minimum 12 participants	19 Bone Builders W. Dover Brattleboro Area Hospice Advanced Care Directive 1p – 2:30p	20 Bone Builders Whit	21
22	23 Bone Builders Wil Bone Builders Whit Tai Chi with Jill Food Donation Drop Off	24 Bone Builders W Dover CRAFTS - FreshFloral CENTERPEICE 2:30 pm	25 Bone Builders Wil Prepare Thanksgiving Dinner 11 am	26 Thanksgiving SASH office closed	27 Bone Builders Whit SASH office closed	28
29	30 Bone Builders Wil Bone Builders Whit Tai Chi with Jill	Sr Meals Whitingham/Jacksonville are held Monday Tuesday and Thursday at noon at the Muniapi Center. Bone Builders St Mary's in the Mountains Wilmington on Monday & Wednesday 9:30-10:30 Bone Builders at Butterfield Commons W. Dover Tues & Thu 10-11 except 2nd Tues 10:30-11:30, Bone Builders Whitingham/Jacksonville Municipal Center Mn & Fri 10-11 am-				

More Calendars with US Holidays: [Dec 2015](#), [Jan 2016](#), [PDF Calendar](#)

All SASH events are held at Butterfield Commons 15 Butterfield Dr West Dover VT (unless otherwise specified)
Contact us Mon – Fri 8 am – 4pm at **(802)464-0438**