

# October 2015

◀ September 2015							~ October 2015 ~							Nov 2015 ▶						
Sun			Mon			Tue			Wed			Thu			Fri			Sat		
												1 Bone Builders W. Dov Community Puzzle starts			2 Bone Builders Whit			3		
4			5 Bone Builders Wil Bone Builders Whit  Tai Chi w/Jill 2-3p Call to sign up			6 Bone Builders W. Dov			7 Bone Builders Wil  Walking Group to start 10-10:45a Call to sign up			8 Bone Builders W. Dov Memory Clinic Alzheimer's presentation Brattleboro 5:30pm			9 Bone Builders Whit  Meet and Greet Coffee Hour – Elizabeth and Stacia 9:30-10:30am			10		
11			12 <b>Columbus Day</b> Bone Builders Wil Bone Builders Whit <b>SASH OFFICE CLOSED</b>			13 VT Food Bank 9:30 - 10:30  Bone Builders W. Dov			14 Bone Builders Wil  Walking Group 10-10:45a			15 Bone Builders W. Dov  Senior Meal Trip to Whit/Jac Munic Bldg			16 Bone Builders Whit			17		
18			19 Bone Builders Wil Bone Builders Whit  Diabetes Q & A 1-2p  Tai Chi w/Jill 2-3p			20 Bone Builders W. Dov Potluck Lunch & Movie 12 – 1p call to sign up			21 Bone Builders Wil Walking Group 10-10:45a  Magic Wings bus trip & Yankee Candle 9a			22 Bone Builders W. Dov Sip & Swirl 12:30  Community Dinner St Mary's Wilmington 6 pm			23 Bone Builders Whit			24		
25			26 Bone Builders Wil Bone Builders Whit  Tai Chi w/Jill 2-3p			27 Bone Builders W. Dov Bette's Meal noon			28 Bone Builders Wil Walking Group 10-10:45a Halloween Party – Contest Winners Announced 2-3p			29 Bone Builders W. Dov			30 Bone Builders Whit			31 <b>Happy Halloween</b>		

Senior Meals Whitingham/Jacksonville All Welcome are held Monday- Tuesday – Thursday at noon; Bone Builders St Mary's Wilmington Mon & Wed 9:30 - 10:30am, Bone Builders Butterfield Common W Dover Tue & Thu 10 – 11am except 2<sup>nd</sup> Tue 10:30-11:30am, Bone Builders Whitingham Jacksonville Municipal Building Mon & Fri 10-11am