

April 4

Betty Witt, RN will be holding Blood Pressure Clinics on the first Tuesday of the month at 2pm at Butterfield Common

April 11

Food Bank 9:30 to 10:30 @ Butterfield Common

April 12

Come create beautiful Silk-Dyed Eggs

(aka Tie-Dyed) Bring your old silk ties/scarves, we'll

have eggs and extra ties too

2pm @ Butterfield Common \$3.00

April 14

Come Join us for an

Eggstra Special Easter Brunch

@ Butterfield Common 12:30

\$3.00 RSVP 464-0438

April 17 & 24

Yoga with Jill- a Six week session begins on Mondays April 17-May 22 2pm @ St. Mary's Wilmington Bring a Mat if possible. Please call 464-0438 to sign up

April 27

The Gathering Place @ Butterfield Common 10-11 @ Jacksonville Municipal Bldg 12-1pm. Come to an informational get together to see what The Gathering Place has to offer

Alzheimer's Association Presents Effective Communication Strategies 5:30-7:30 @ The Gathering Place 30 Terrace Street Brattleboro, VT 257-0775 ext 102 for more information

Monthly Foot Clinic-w/ VNH Nurse Rena Prevencher  
May 27 appointments available

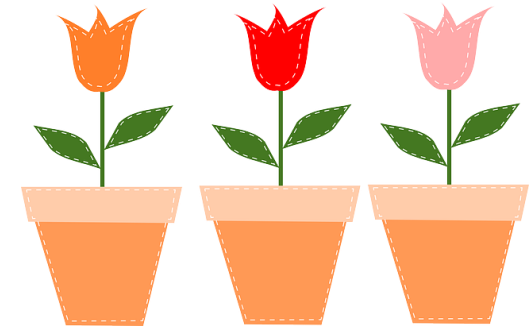
Please call 464-0438 to sign up.

PLACE  
STAMP  
HERE

April

Sash Flash

Sweet April showers do  
bring May Flowers !



SASH Deerfield Valley

P O Box 2561 West Dover VT 05356

SASH DEERFIELD VALLEY

15 Butterfield Dr. West Dover

Office (802) 464-0438

Becky.Arbella@benningtonhousing.org  
Marianne.Almeda@benningtonhousing.org