

We are happy to introduce you all to Mariah Powers. She is a senior at Brattleboro High School. She is volunteering time with us. She will be teaching computer skills at Butterfield and hosting game days this month. Please call to sign up for her class or come join in the fun for game days!!

PLACE  
STAMP  
HERE

**August 7-September 11 New Session Yoga with Jill Monday's @ St. Mary's 2pm Call 464-0438 to Sign up**

**August 8 Food Bank @ Butterfield Common 9:30-10:30**

**August 8 Computer Class @ Butterfield Common 2pm Please call to sign up 464-0438 (space is limited)**

**August 11 Games with Mariah at Butterfield Common 1 pm Come join the Fun!!**

**August 15 Bette's Chicken Lunch @ Butterfield 12:30 pm Please call to sign up 464-0438**

**August 17 Computer Class 11 am Games with Mariah 1 pm Space is limited please call to save a space**

**August 24 Foot Clinic @ Butterfield Common with VNH Nurse Rena Provencher Appts available please call 464-0438 to sign up**

**August 25 SASH BBQ @ Butterfield 12 noon—\$5 Please call to sign up**

**Please remember to call and sign up for any and all events so that we can be sure to have enough food, supplies or space available**

**(802)464-0438**

SASH Deerfield Valley

P O Box 2561 West Dover VT 05356

# AUGUST

## SASH FLASH



**New Email addresses  
are below!!**

**SASH DEERFIELD VALLEY**  
**15 Butterfield Dr. West Dover**  
**Office (802) 464-0438**  
[Becky.Arbella@shireshousing.org](mailto:Becky.Arbella@shireshousing.org)  
[Marianne.Almeda@shireshousing.org](mailto:Marianne.Almeda@shireshousing.org)