

# DECEMBER 2017

**Bone Builders Wilmington** is held at St Mary's in the Mountains Mondays & Wednesdays 9:30—10:30 am

**Bone Builders Whitingham/ Jacksonville** is held at the Jacksonville Municipal Building Mondays & Fridays 10:30—11:30 am

**Bone Builders Dover** is held at Butterfield Commons Tues & Thursday's 10—11 am except second Tuesday of the month 10:30—11:30 am

**Jacksonville Senior Meal Tuesday & Thursday at noon at the Municipal Building all Welcome!**

**Men's Coffee Hour** @ North Star Bowl every Thursday 8 am

**Senior Coffee @ West Dover Congregational Church** every Wednesday 10-11:30 Come enjoy coffee & conversation

**Deerfield Valley Cancer Support Group** First Wednesday of the month @ 5 pm DVHC

**Deerfield Valley Caregivers Support Group** Meets every other Sunday@ West Dover Congregational Church for more Info call Jennifer Fitzgerald 802-681-8740 or Claudette Hollenbeck 802-464-5156

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday 1	Saturday 2
					Bone Builder's Jacks	
3	4 Bone Builders Jacks & Wilm  Yoga w/Jill @ St. Mary's 2pm	5 Bone Builders Dover	6 Bone Builders Wilm	7 Bone Builders Dover COVE @ Men's Coffee Hour 8:00am  COVE @ Jacksonville Municipal Bldg 12:00pm	8 Bone Builders Jacks Christmas Balls Ornament Craft w/Gail 1:30 @ Butterfield \$5	9
10	11 Bone Builders Jacks & Wilm  Yoga w/Jill @ St. Mary's 2pm	12 Bone Builders Dover FOOD BANK @BUTTERFIELD 9:30-10:30  <i>Hanukkah Begins</i>	13 Bone Builders Wilm	14 Bone Builders Dover	15 Bone Builders Jacks	16
17	18 Bone Builders Jacks/Wilm SASH HOLIDAY BRUNCH @ Butterfield 11:30-1:00 \$5	19 Bone Builders Dover	20 Bone Builders Wilm Holiday Flower Arranging 2:00pm @ Butterfield \$10	21 Bone Builders Dover	22 Bone Builders Jacks	23
24/31  <i>Christmas Eve</i> ----- <i>New Year's Eve</i>	25  <i>Christmas Day</i>	26 Bone Builders Dover	27 Bone Builders Wilm	28 Bone Builders Dover Foot Clinic @ Butterfield Full. Call for January Appointments	29	30

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