

All of us at Deerfield Valley SASH want to wish all of you a very Happy & Healthy Holiday Season!

Tai Chi w/Jill will continue **Dec 5** & Dec 19 @ 2 pm St Mary's in Wilmington

Advanced Directive Workshop **Dec 7** at Pettee Library at 4 pm It is our goal to have all of our participants have an Advanced Directive!! Please help us!

FoodBank **Dec 13** NEW TIME 9 am

Holiday Floral Arranging Dec 13 @ Butterfield Commons 2 pm

Aging In Place meeting **Dec 16** @ 1 pm North Star Bowl all welcome

Holiday Celebration will be held **Dec 21** @ 12 noon Butterfield Commons

Please call the office at 464-0438 to sign up for any event

PLACE STAMP HERE



SASH Deerfield Valley

P O Box 2561 West Dover VT 05356

December

SASH FLASH

SASH DEERFIELD VALLEY

Come celebrate the holidays with us!! Deerfield Valley SASH will be celebrating the **3rd Annual Holiday Celebration** on Wednesday Dec 21, 2016. No charge!!



Happy Holidays!

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