

# January 2018

Sunday	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
				Bone Builders Dover	Bone Builder's Jacks	
7	8 Bone Builders Jacks & Wilm  Yoga w/Jill @ St. Mary's 2pm	9 Bone Builders Dover FOOD BANK @BUTTERFIELD New Winter Hours 9:30-10:30am	10 Bone Builders Wilm	11 Bone Builders Dover COVE @ Men's Coffee Hour 8:00am  COVE @ Jacksonville Municipal Bldg 12:00pm	12 Bone Builders Jacks	13
14	15 Bone Builders Jacks & Wilm  Yoga w/Jill @ St. Mary's 2pm	16 Bone Builders Dover	17 Bone Builders Wilm SASH Lunch @ Butterfield Common served promptly at 12:00 Chicken &/or Veggie Stir Fry over rice, Mixed Greens Salad & Dessert \$5	18 Bone Builders Dover	19 Bone Builders Jacks	20
21	22 Bone Builders Jacks & Wilm  Yoga w/Jill @ St. Mary's 2pm	23 Bone Builders Dover	24 Bone Builders Wilm TVHS Presentation @ Butterfield Common 3:30-4:30 Refreshments served	25 Bone Builders Dover Foot Clinic @ Butterfield Call for January Appointments- One available @ 1:30pm	26 Bone Builders Jacks	27
28	29 Bone Builders Jacks & Wilm  Yoga w/Jill @ St. Mary's 2pm	30 Bone Builders Dover	31 Bone Builders Wilm			

