

July 2017

Bone Builders Wilmington is held at St Mary's in the Mountains Mondays & Wednesdays 9:30—10:30 a.m

Bone Builders Whitingham/ Jacksonville is held at the Jacksonville Municipal Building Mondays & Fridays 10:30—11:30 a.m

Bone Builders Dover is held at Butterfield Commons 10—11 a.m except second Tuesday of the month 10:30—11:30 a.m (Food Bank day) ~

Blood Pressure Clinic@ Butterfield Common First Tuesday of the month @ 2pm

Jacksonville Senior Meal Tuesday & Thursday at noon at the Municipal Building all Welcome!!

Men's Coffee Hour @ North Star Bowl every Thursday 8 a.m

Deerfield Valley Cancer Support Group First Wednesday of the month @ 5 pm DVHC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1
2	3 Bone Builders Jacks & Wilm Yoga w/Jill @ St. Mary's 2pm	4 HAPPY 4 th OF JULY	5 Bone Builders Wilm Deerfield Valley Cancer Support Group @DVHC 5pm	6 Bone Builders Dov	7 Bone Builders Jacks	8	
9	10 Bone Builders Jacks & Wilm Yoga w/Jill @ St. Mary's 2pm	11 Bone Builders Dov Food Bank @ Butterfield 9:30-10:30	12 Bone Builders Wilm	13 Bone Builders Dov	14 Bone Builders Jacks	15	
16	17 Bone Builders Jacks & Wilm Floral Arranging @ Butterfield 2pm \$10	18 Bone Builders Dov Bette's Lunch @ Butterfield 12:00pm	19 Bone Builders Wilm	20 Bone Builders Dov Foot Clinic @ Butterfield Common Appts available call 464-0438 to sign up	21 Bone Builders Jacks BBQ @ Butterfield 12:00pm \$5 or bring a dish to share	22	
23/30	24/31 Bone Builders Jacks & Wilm	25 Bone Builders Dov	26 Bone Builders Wilm	27 Bone Builders Dov	28 Bone Builders Jacks	29	

--	--	--	--	--	--	--