

# NOVEMBER 2017

**Bone Builders Wilmington** is held at St Mary's in the Mountains Mondays & Wednesdays 9:30—10:30 am

**Bone Builders Whitingham/ Jacksonville** is held at the Jacksonville Municipal Building Mondays & Fridays 10:30—11:30 am

**Bone Builders Dover** is held at Butterfield Commons Tues & Thursday's 10—11 am except second Tuesday of the month 10:30—11:30 am

**Jacksonville Senior Meal Tuesday & Thursday at noon at the Municipal Building all Welcome!**

**Men's Coffee Hour** @ North Star Bowl every Thursday 8 am

**Senior Coffee @ West Dover Congregational Church** every Wednesday 10-11:30 Come enjoy coffee & conversation

**Deerfield Valley Cancer Support Group** First Wednesday of the month @ 5 pm DVHC

**Deerfield Valley Caregivers Support Group** Meets every other Sunday@ West Dover Congregational Church for more Info call Jennifer Fitzgerald 802-681-8740 or Claudette Hollenbeck 802-464-5156

| Sunday | Monday  | Tuesday  | Wednesday 1   | Thursday 2  | Friday 3  | Saturday 4         |
|--------|---|--|---|---|---|--------------------|
|        |   |  |   | Bone Builders Dover   | Bone Builder's Jacks  |                    |
| 5      | 6<br>Bone Builders Jacks & Wilm<br>Yoga w/Jill @ St. Mary's 2pm   | 7<br>Bone Builders Dover   | 8<br>Bone Builders Wilm   | 9<br>Bone Builders Dover  | 10<br>Bone Builders Jacks<br>SASH CLOSED FOR HOLIDAY  | 11<br>VETERANS DAY |
| 12     | 13<br>Bone Builders Jacks & Wilm<br>Yoga w/Jill @ St. Mary's 2pm  | 14<br>Bone Builders Dover<br>FOOD BANK @BUTTERFIELD 9:30-10:30   | 15<br>Bone Builders Wilm<br>SASH LUNCHEON 12:30 THANKSGIVING DINNER<br>Call to sign up 464-0438 | 16<br>Bone Builders Dover<br>COVE PRESENTATION 12:30-2:00PM<br>JACKS MUNICIPAL BLDG | 17<br>Bone Builders Jacks<br>Craft Project w/Dawn<br>SOCK SNOWMAN 1:30 @ Butterfield Common \$5 each, come make a few! Call 464-0438 to sign up | 18                 |
| 19     | 20<br>Bone Builders Jacks & Wilm<br>Flower Arranging<br>Silk Craft Project 2PM Call 464-0438 to sign up | 21<br>Bone Builders Doerv<br>Bette's Lunch @ Butterfield 12:30pm<br>Call to sign up 464-0438<br>Roast Pork & Fixings | 22<br>Bone Builders Wilm  | 23<br>THANKSGIVING DAY  | 24<br>Bone Builders Jacks   | 25                 |
| 26     | 27<br>Bone Builders Jacks & Wilm<br>Yoga w/Jill @ St. Mary's 2pm- New 4 week session                    | 28<br>Bone Builders Dover  | 29<br>Bone Builders Wilm  | 30  |   |                    |

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