

OCTOBER 2018

Sunday	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
	<p>Advance Directive Help w/ Edie Mas 10:30 after Bone Builders St. Marys YOGA w/ Jill @ St. Mary's 2:00 pm</p>	Bone Builders Dover	Bone Builders Wilm	Bone Builders Dover	Bone Builders Dover	
7	<p>Bone Builders Jacks & Wilm YOGA w/ Jill @ St. Mary's 2:00 pm</p> <p>VETERANS DAY</p>	<p>Bone Builders Dover</p> <p>FOOD BANK @BUTTERFIELD COMMON 9:30-10:30am</p>	Bone Builders Wilm	Bone Builders Dover	Bone Builders Jacks Fall Mason Jar Candle Craft w/ Alyssa @ Butterfield Common \$3	13
14	<p>Bone Bldrs Jacks & Wilm YOGA w/ Jill @ St. Mary's 2:00 pm</p> <p>Autumn Harvest Cooking w/ Robin & Marianne One Dish Halloween Slum Ghouley 11:30-1pm \$3 Jville Coomm Ctr –Pls Call</p>	<p>Bone Builders Dover</p> <p>Bette's Lunch- Main Course-sides-dessert-drinks \$3.50 Please call to sign up</p>	<p>Bone Builders Wilm</p> <p>Blood Pressure Clinic @ Butterfield Common W/ RN Betty Witt 2-4pm</p>	Bone Builders Dover	Bone Builders Jacks	20
21	<p>Bone Builders Jacks & Wilm</p> <p>YOGA w/ Jill @ St. Mary's 2:00 pm</p>	Bone Builders Dover	<p>Bone Builders Wilm</p> <p>SASH Health & Wellness Fair @ Jacksonville Municipal Center 10-2</p>	Bone Builders Dover	<p>Bone Builders Jacks</p> <p>SASH Lunch- Fall Harvest Chicken casserole-Salad- dessert-drinks \$5 12:00-1:30 Please call to sign up.</p>	27
28	<p>Bone Builders Jacks & Wilm</p> <p>YOGA w/ Jill @ St. Mary's 2:00 pm</p>	Bone Builders Dover	Bone Builders Wilm			

