

## TICK-BORNE DISEASE PRESENTATION IN WILMINGTON

According to the Vermont Department of health, tick-borne illnesses are on the rise in Vermont. Tick bites and tick-borne illnesses spike in the fall. In an effort to address the many tick-related questions from patients, physicians from Southwestern Vermont Medical Center (SVMC) and the Vermont Department of Health have partnered to offer a special presentation: **What You Need to Know about Tick-Borne Illness: Answers to Frequently Asked Questions.** The talk is scheduled for **5:30-6:30 p.m. Tuesday, October 10 at Historic Memorial Hall in Wilmington., VT.**

Attendees will get expert answers to the most common tick-related questions, including:

- \* How do I prevent tick bites?
- \* What should I do if I find a tick on me or a member of my family?
- \* What are tick-borne illnesses and how do I recognize them?
- \* What are the treatments available?
- \* What if I still don't feel good after treatment?

Speakers include : Marie George ,MD; infectious disease specialist at SVMC, Bradley Tompkins, an infectious disease epidemiologist at VT Dept. of Health; and Trey Dobson, MD; EMP; Chief Medical Officer at SVMC.

To reserve your seat online, visit [svhealthcare.org/tick](http://svhealthcare.org/tick). For more information, call 802-447-5019.

**BEWARE, PHONE SCAMS ARE EVERYWHERE. IT'S AN EPIDEMIC, PROTECT YOURSELF.**

**THE GRANDPARENT SCAM**– Fraudsters call impersonating a grandchild in distress– and begging for cash. Always be suspicious of anyone who calls unexpectedly for cash. Create a family password that can be used if there is a question about a callers identity, say that you will call the person right back, hang up and call the number you have for them.

**THE IRS ARREST WARRANT SCAM**– Victims are told they owe money. If refuse to cooperate, they are threatened w/arrest suspension of business or drivers license. The caller often becomes hostile & insulting. You really need to just hang up and contact CAP-Consumer Assistance Program, if you have any questions. 800-649-2424 or [www.uvm.edu/consumer](http://www.uvm.edu/consumer) for more info on VT Scams.

**TECH SUPPORT SCAM**-Scammers call & claim to be computer techs associated with well known companies like Microsoft or Apple. Other scammers send pop-up messages that warn about computer problems. (Which happened to me!). They say they've detected a virus or other malware on your computer. If you get unexpected pop-ups, phone calls, spam e-mail or other urgent messages about your computer, **STOP**. Don't click any links, do not give any control of your computer and don't send any money.

PLACE  
STAMP  
HERE

SASH Deerfield Valley

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# OCTOBER

## SASH FLASH



October is  
Breast  
Cancer  
Awareness  
Month

**Breast cancer is the second most common kind of cancer in women. 1 in 8 women will be diagnosed with breast cancer in their lifetime. The good news is most women can survive if it's found and treated early. Perform self breast exams monthly and get screened.**

**Ladies First provides free screening for breast and cervical cancer, and heart health for eligible Vermont women. The program also offers free talk with a nutritionist about healthy eating, weight loss, and help with quitting smoking.**  
**1-800-508-2222**

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