

Happening This Month @ SASH!

MAY 2021

	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Yoga@2pm with Jill on Zoom	4	5	6	7	8
9 Mothers Day	10 Yoga@2pm with Jill on Zoom	11 Tai Chi @ 1pm with Tina/Edna on Zoom Butterfield Commons food drop 9:30-10:30	12	13 Deerfield Valley Food Pantry 1-3pm	14	15 Deerfield Valley Food Pantry 9-11am
16	17 Yoga@2pm with Jill on Zoom	18 Tai Chi @ 1pm with Tina/Edna on Zoom	19	20	21	22
23	24 Yoga @ 2pm with Jill on Zoom VeggieVanGo TVHS 9:30-10:30	25 Tai Chi @ 1pm with Tina/Edna on Zoom	26	27	28	29
30	31 Memorial Day SASH office closed!					